



Ansara Psychotherapy

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<http://ansarapsychotherapy.com>

Dr Gávi Ansara Rates & Payment Policies 2019

Income Equity Statement:

Dr Gávi (PhD Psych, MSc Soc Psych, MCouns) is a Clinical Psychotherapist who is a Registered NDIS Provider and a MediBank Private Provider. He aims to provide accessible services to people with low or no income when possible. Dr Gávi’s paid work enables his voluntary public services for people experiencing extreme hardship. **See next page for information about available fee rebates.**

Combined Annual Income* (for all adults attending)	1 person	2 people	3 or more people
Regular Rate: <100,000	1 hour = \$176 1.5 hours = \$264 2 hours = \$352	1 hour = \$187 1.5 hours = \$280.50 2 hours = \$374	1 hour = \$198 1.5 hours = \$297 2 hours = \$396
High Income Rate: >100,000	1 hour = \$220 1.5 hours = \$330 2 hours = \$440	1 hour = \$242 1.5 hours = \$363 2 hours = \$484	1 hour = \$275 1.5 hours = \$412.50 2 hours = \$550
NDIS Participants (GST exempt, NDIS pays full fees) (see pg.2 for details)	‘Bulk bill’ (no fee gap) 2018/19 NDIS standard allocation rate: \$152.95	N/A	N/A
Low Income Rate: Health Care, Pensioner/Concession, &/or Student ID (screenshot required)	1 hour = \$132 By distance <u>only</u> Limited slots available	1 hour = \$154 By distance <u>only</u> Limited slots available	N/A

Payment Details & Policies:

Despite ongoing legislative efforts by the Psychotherapy & Counselling Federation of Australia (PACFA) to add Psychotherapists & Counsellors to GST exemptions for health services, all rates except for NDIS include 10% GST. Payment is due by electronic bank transfer with payment screenshot sent 48 hours in advance for distance sessions and 7 days prior to in person bookings. Preventing mounting unpaid therapy bills is part of professional codes of ethics. **If you have unpaid fees for 7 days, all future sessions will be cancelled, and you will need to rebook after payment.** Please notify me immediately if you might need a formal hardship variation agreement to afford payments. **Send payments to:** Yosef Gavriel Ansara, NAB Checking Account BSB # 082-052 Acct # 12-707-7718.

Important Information about the Limitations of Medicare Rebates:

If you cannot afford these rates, then Dr Gávi can refer you to a GP for a Mental Health Care Plan and/or to therapists who provide Medicare-rebated services (with a referral from your GP or another source. Be aware that if you are seeking weekly or fortnightly sessions of 3 or more months, Dr Gávi may be a more affordable fit for you than a Medicare-rebated therapist. Medicare rebates with a GP’s Mental Health Care Plan typically cover only **part** of the fees charged by most private practice Registered Psychologists. Few private providers bulk bill, but Medicare will only rebate 10 one on one sessions/year. After these 10 sessions, **you will typically have to pay full fees.** Australian Psychological Society (APS) 2018-2019 Recommended Fees: **\$251 per 45-60 mins.** Some charge >\$251/hr.

Medicare does not rebate distance sessions outside of rural/remote areas and does not typically cover sessions with partners or families. Medicare also restricts the therapeutic methods that can be rebated, currently excluding multiple evidence-based methods that are considered international ‘best practice’. In addition, the rebate process requires providers to share some of your personal clinical information.



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Rebates Available:

NDIS

Dr Gávi is a Registered National Disability Insurance Scheme (NDIS) Provider of Therapeutic Supports, including Individual Counselling (Support Item Ref. Number: 15_043_0128_1_3), in ACT, NSW, Queensland, and Victoria.

He provides 1 hour 'bulk billing' (no fee gap) sessions for NDIS recipients at the standard 2018/2019 allocation rate for this Support Item: \$152.95. This means that the NDIS pays for the full cost of your sessions and you pay nothing outside of your NDIS funding.

Important:

Before your first NDIS-funded session with Dr Gávi, you will first need to ensure that you are registered as an NDIS Participant and that you have adequate NDIS funds available to pay for Therapeutic Supports within your plan.

For example, you would need $\$152.95 \times 52 = \7953.40 to cover weekly one-hour sessions for a year.

After you have checked these details, Dr Gávi encourages you to contact him directly by email, WhatsApp, or phone to ask lots of questions and see whether he is a good fit for you.

If you decide Dr Gávi would be a good addition to your team, then you (or your Support Coordinator, if you have one) can contact Dr Gávi directly to tell him:

- who manages your plan (you, a third party agency, or the NDIS)
- your NDIS participant number and date of birth
- your NDIS plan start and end dates

Dr Gávi will need this information to prepare a Service Agreement for you (and/or your Support Coordinator) to review. After you have reviewed the Service Agreement and made any edits you wish, then he will need you to sign and return (by email or by post if email is not possible for you) the Service Agreement. Next, he will need to create a Service Booking for you on the NDIS system. Both the Service Agreement and Service Booking steps must be completed before your first counselling session.

MediBank Private

Eligible MediBank Private members may be entitled to a benefit for Counselling with Dr Gávi. Not all MediBank Private products pay benefits for Counselling (Item Number: BOCN). Due to Australian privacy legislation, you (the health fund member) will need to contact MediBank Private on your own behalf to ask about your entitlements for Counselling (not Psychology).

Details you will need:

MediBank Private: Yosef Ansara, MediBank Private Provider #A099291J.

NDIS: Yosef Ansara, Reg. NDIS Provider #4050035621.

NSW & Vic Service Provider Addresses: To protect the safety and privacy of people coming for therapy, we do not publish our physical addresses. Please contact Dr Gávi directly for these details.