



Ansara Psychotherapy

Engage. Reflect. Transform.
<http://ansarapsychotherapy.com>

Dr Gávi Ansara Rates & Payment Policies from January 2020

Income Equity Statement:

Dr Gávi (PhD Psychol, MSc Soc Psychol, MCouns, CCTP-II, CFTP) is a Registered NDIS Provider and MediBank Private Provider. The rates below make possible his voluntary public services for people experiencing extreme hardship, including some no fee/low fee therapy slots. **See next page for rebates.**

The 5 rate categories are...

A. Regular Rate: Below \$110,000 AUD based on combined annual income (for all adults attending)			
How many people are coming?	1 person 1 clinical hour (50 mins) = \$180 1.5 clinical hrs (80 mins) = \$270 2 clinical hrs (110 mins) = \$360	2 people 1 clin hour = \$190 1.5 clin hrs = \$285 2 clin hrs = \$380	3 or more people 1 clinical hour = \$200 1.5 clin hours = \$300 2 clin hours = \$400
B. High Income Rate: \$110,000 AUD or higher based on combined annual income (all adults attending)			
How many people are coming?	1 person 1 clinical hours = \$210 1.5 clinical hrs = \$315 2 clinical hour = \$420	2 people 1 clin hour = \$220 1.5 clin hrs = \$330 2 clin hrs = \$440	3 or more people 1 clin hour = \$250 1.5 clin hrs = \$375 2 clin hrs = \$500
C. NDIS Rate: For NDIS Participants (GST exempt, bulk bill, NDIS pays fees) (see pg.2 for details)			
How many people are coming?	1 person 1 clinical hour = \$180 1.5 clin hours = \$270	2 people 1 clin hour = \$190 1.5 clin hrs = \$285	3 or more people 1 clinical hour = \$193.99 1.5 clinical hrs = \$290.98 2 clinical hrs = \$387.98
D. Self-Pay Student / Concession Rate: Available on a limited basis only below \$70,000 AUD (includes benefits & your parents/partners' income, if you live with them rent-free or they pay for therapy)			
How many people are coming?	1 person 1 clinical hour (50 mins) = \$139 Available by distance only	N/A see rate E below	N/A See rate E below
E. Severe Hardship Rates: Available on a limited basis only if your family and/or your partner(s) are: a. seeking asylum, without right to work, b. unwaged without benefits, c. people below \$40K AUD a year with benefits, and/or d. a solo parents /carers on 1 income without additional support or benefits			
Please contact Dr Gávi to discuss a possible Hardship Rate that is affordable for you. All severe hardship slots are currently full.			

Non-NDIS Payment Details & Policies:

Despite ongoing legislative efforts, PACFA Registrants are not GST-exempt. All non-NDIS rates include 10% GST. Payment is due in advance by electronic bank transfer or PayPal. Please add the transaction fee if paying by PayPal. Payment screenshot is due 2 days in advance for distance sessions and 7 days before in person sessions. Preventing mounting unpaid therapy bills is part of professional ethics. **If you have unpaid fees for 7 days, future sessions may be cancelled and require rebooking.** Please notify me immediately if you have difficulty paying.

Important Information about Limitations of Medicare Rebates:

Dr Gávi is unable to provide Medicare rebates. If you want to use Medicare rebates, then Dr Gávi can refer you for a GP's Mental Health Care Plan and/or to Medicare-rebated therapists (with a referral from your GP or another source). If you want weekly or fortnightly sessions of 3 months or more, Dr Gávi is likely to be more affordable. Medicare rebates cover only **partial** fees for a maximum of 10 sessions per year. After 10 sessions, **you will typically have to pay full fees.** APS 2018-2019 [Recommended Fees](#) were **\$251 per 45-60 mins for 1 person, including phone sessions.** Distance sessions are only rebatable in rural/remote areas. Medicare only covers some therapeutic methods, excluding multiple evidence-based, international 'best practice'. The rebate process requires sharing some of your personal clinical information with Medicare.



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Rebates Available:

NDIS

Dr Gávi is a Registered National Disability Insurance Scheme (NDIS) Provider of Therapeutic Supports as Yosef Ansara, Ansara Psychotherapy, Reg. NDIS Provider #4050035621, NDIS ID 4-3LLQ-1119. A standard clinical psychotherapy session includes 10 mins for notes, admin, etc. (e.g., 1 hr = 50 mins, 1.5 hrs = 80 mins.) If your plan includes adequate funding, then the NDIS pays for all therapy costs.

For NDIS psychotherapy for one person:

Assessment, Recommendation, Therapy And/Or Training (Incl. AT) - Other Therapy (Improved Daily Living Skills) Item code: 15_056_0128_1_3

Fee for 1 person: \$180 per clinical hour bulk billed to NDIS

This rate applies to people with other selves and systems of multiple people within one body.

For NDIS Relationship & Family Therapy sessions with 2 or more people:

Assessment, Recommendation, Therapy And/Or Training (Incl. AT) - Other Therapy (Improved Relationships)

Item code: 15_056_0128_1_3

Fee for 2 people: \$190 per clinical hour bulk billed to NDIS

Fee for 3 or more people: \$193.99 per clinical hour bulk billed to NDIS

Important:

Before your first NDIS-funded session with Dr Gávi, you will first need to register as an NDIS Participant. Due to the complexity of the NDIS application process, Dr Gávi recommends that you contact an advocacy organisation focused on people with disability labels and/or impairments (e.g., VMIAC in Victoria here: <https://www.vmiac.org.au/services/ndis/>) for assistance. Help with your application is also available here: <https://reimagine.today/step-1/getting-started/>

You or a support worker will need to ensure that your NDIS plan contains adequate funds to pay for Therapeutic Supports. For example, you will need $\$180 \times 44 = \7920 to cover a year of weekly one-hour psychotherapy sessions for just you (accounting for public holidays, annual leave, etc.) You will also need to include 4 hours for NDIS Report Writing per calendar year.

After you have checked these details, Dr Gávi encourages you to contact him directly by email, WhatsApp, or phone to ask lots of questions and see whether he is a good fit for you.

If you decide Dr Gávi would be a good addition to your team, then you (or your Support Coordinator, if you have one) can contact Dr Gávi directly to tell him:

- who manages your plan (you, a third party agency, or the NDIS)
- your NDIS participant name, number, and date of birth
- your NDIS plan start and end dates, and total funds available for my services

Dr Gávi will need this information to prepare a Service Agreement for you (and/or your Support Coordinator) to review. After you have reviewed the Service Agreement and made any edits you wish, then he will need you to sign and return the Service Agreement (by email or by post if email is not possible for you). Next, he will need to create a Service Booking for you on the NDIS system. A valid, signed Service Agreement and accepted Service Booking **must be finalised** before our first session.

MediBank Private

Eligible MediBank Private members may be entitled to a benefit for Counselling (Item Number: BOCN) with Dr Gávi as Yosef Ansara, MediBank Private Provider #A099291J. Due to Australian privacy legislation, you (the health fund member) will need to contact MediBank Private on your own behalf to ask about your entitlements for Counselling (not Psychology).